

East Harlem Times are Tough!

Struggling? Need Food Assistance?



FoodFOR
East Harlem

Developed by



**HUNTER COLLEGE
NEW YORK CITY
FOOD POLICY CENTER**

Heard of SNAP? It's the new Food Stamps Program.

**These are food benefits
available for New Yorkers!**

You can use SNAP at farmers' markets, bodegas, grocery stores and delis. SNAP benefits are on an EBT card which works like a debit card.

**Did you know that more than
8 million people in the United
States are eligible for SNAP
but are NOT enrolled?**

YOU might be eligible.
There are easy ways to find out.

**Find out if you
are eligible
for SNAP:**



**Apply for
SNAP online:**

