

East Harlem Times are Tough!

Struggling? Need Food Assistance?



FoodFOR
East Harlem

Developed by
 **HUNTER COLLEGE
NEW YORK CITY
FOOD POLICY CENTER**

Pregnant women, breastfeeding women, postpartum women, and caregivers of infants and children up to age five may be eligible for the Special Supplemental Nutrition Program for **Women, Infants, and Children (WIC)!**



Find out how
to enroll in WIC
here in East Harlem



Use the WIC
Prescreening Tool
to find out if you
are eligible