

East Harlem Times are Tough!

Struggling? Need Food Assistance?



FoodFOR
East Harlem

Developed by



HUNTER COLLEGE
NEW YORK CITY
FOOD POLICY CENTER

Heard of SNAP? It's the new Food Stamps Program.

**These are food benefits
available for New Yorkers!**

You can use SNAP at farmers' markets, bodegas, grocery stores and delis. SNAP benefits are on an EBT card which works like a debit card.

**Did you know that more than
8 million people in the United
States are eligible for SNAP
but are NOT enrolled?**

YOU might be eligible.
There are easy ways to find out.

**Find out if you
are eligible
for SNAP:**



**Apply for
SNAP online:**

