

# East Harlem Times are Tough!

Need Food Assistance? You are not alone.



**Food For  
East Harlem**

Developed by



**HUNTER COLLEGE  
NEW YORK CITY  
FOOD POLICY CENTER**

## Find a Soup Kitchen or Ready-to-Eat Meals. Here are the locations:

**Iris House, East Side**  
158 E 115th St, between  
Lexington Ave and Third Ave  
(646) 548-0100 x202;  
(212) 423-9049

**Mount Zion African Methodist  
Episcopal Church - Soup  
Kitchen**  
1765 Madison Ave & 116th St.  
(212) 369-6643

**New York Common Pantry -  
Soup Kitchen**  
8 E 109th St, between Fifth Ave  
and Madison Ave  
(917) 720-9700

**New York City Relief,  
East Harlem**  
124th St & Park Ave

**Chambers Memorial Baptist  
Church/Love Offering**  
219 E 123rd St, between Third Ave  
and Second Ave  
(347) 600-9820

**Chilis on Wheels**  
125th St & Park Ave  
(303) 618-0528

**Coalition for the Homeless**  
Lexington Ave & 124th St  
(212) 776-2002; (212) 360-6273

**Fraternite Notre Dame, Inc. -  
Soup Kitchen**  
2290 First Ave, between 117th St  
and 118th St  
(212) 876-5855

**Friendly Hands Ministry Inc.**  
229 E 118th St, between Third Ave  
and Second Ave  
(646) 370-3978, (212) 860-2789

**Salvation Army, Manhattan  
Citadel Corps - Soup Kitchen**  
175 E 125th St, between  
Lexington Ave and Third Ave  
(212) 860-3200

**Beth Hark Christian Counseling  
Center - Soup Kitchen**  
1832 Madison Ave, between 119th  
St and 120th St  
(212) 860-1523

[nycfoodpolicy.org/eastharlem/soup](https://nycfoodpolicy.org/eastharlem/soup)



Scan for  
hours of  
operation and  
other details