

# East Harlem Times are Tough!

Need Food Assistance? You are not alone.



**FoodFOR**  
**East Harlem**

Developed by



**HUNTER COLLEGE**  
**NEW YORK CITY**  
**FOOD POLICY CENTER**

## Find a Soup Kitchen or Ready-to-Eat Meals. Here are the locations:

### **Iris House, East Side**

158 E 115th St, between  
Lexington Ave and Third Ave  
(646) 548-0100 x202;  
(212) 423-9049

### **Mount Zion African Methodist Episcopal Church - Soup Kitchen**

1765 Madison Ave & 116th St.  
(212) 369-6643

### **New York Common Pantry - Soup Kitchen**

8 E 109th St, between Fifth Ave  
and Madison Ave  
(917) 720-9700

### **New York City Relief, East Harlem**

124th St & Park Ave

### **Chambers Memorial Baptist Church/Love Offering**

219 E 123rd St, between Third Ave  
and Second Ave  
(347) 600-9820

### **Chilis on Wheels**

125th St & Park Ave  
(303) 618-0528

### **Coalition for the Homeless**

Lexington Ave & 124th St  
(212) 776-2002; (212) 360-6273

### **Fraternite Notre Dame, Inc. - Soup Kitchen**

2290 First Ave, between 117th St  
and 118th St  
(212) 876-5855

### **Friendly Hands Ministry Inc.**

229 E 118th St, between Third Ave  
and Second Ave  
(646) 370-3978, (212) 860-2789

### **Salvation Army, Manhattan Citadel Corps - Soup Kitchen**

175 E 125th St, between  
Lexington Ave and Third Ave  
(212) 860-3200

### **Beth Hark Christian Counseling Center - Soup Kitchen**

1832 Madison Ave, between 119th  
St and 120th St  
(212) 860-1523

[nycfoodpolicy.org/eastharlem/soup](https://nycfoodpolicy.org/eastharlem/soup)



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