

## Fresh Taste for Seniors: Equipment List

## **DISPOSABLE:**

- Disposable hair nets or hair covers
- Disposable gloves
- Disposable aprons
- Paper napkins
- Disposable cups, plates, utensils
- Disposable tablecloths
- Paper towels
- Spray cleaner
- Sponge
- Saran wrap
- Aluminum foil
- Soap/dish detergent

## **EQUIPMENT:**

- Pot holder
- Hot plate
- Kitchen timer
- 10-inch skillet
- 5-quart pot
- 4-quart pot
- Chef's knives
- Paring knives
- Mixing bowl set

- Wooden spoons (also can be used for serving)
- Whisk
- Cutting boards
- Measuring cups
- Measuring spoons
- Can opener
- Stainless steel fork or masher (for mashing chickpeas)
- Stainless steel spoon
- Spatula
- Tray for serving samples
- 40-gallon tupperware (to store supplies); or rolling container if necessary to travel with supplies
- Rolling cooler (if necessary to transport food)
- Golf pencils (for participant surveys)